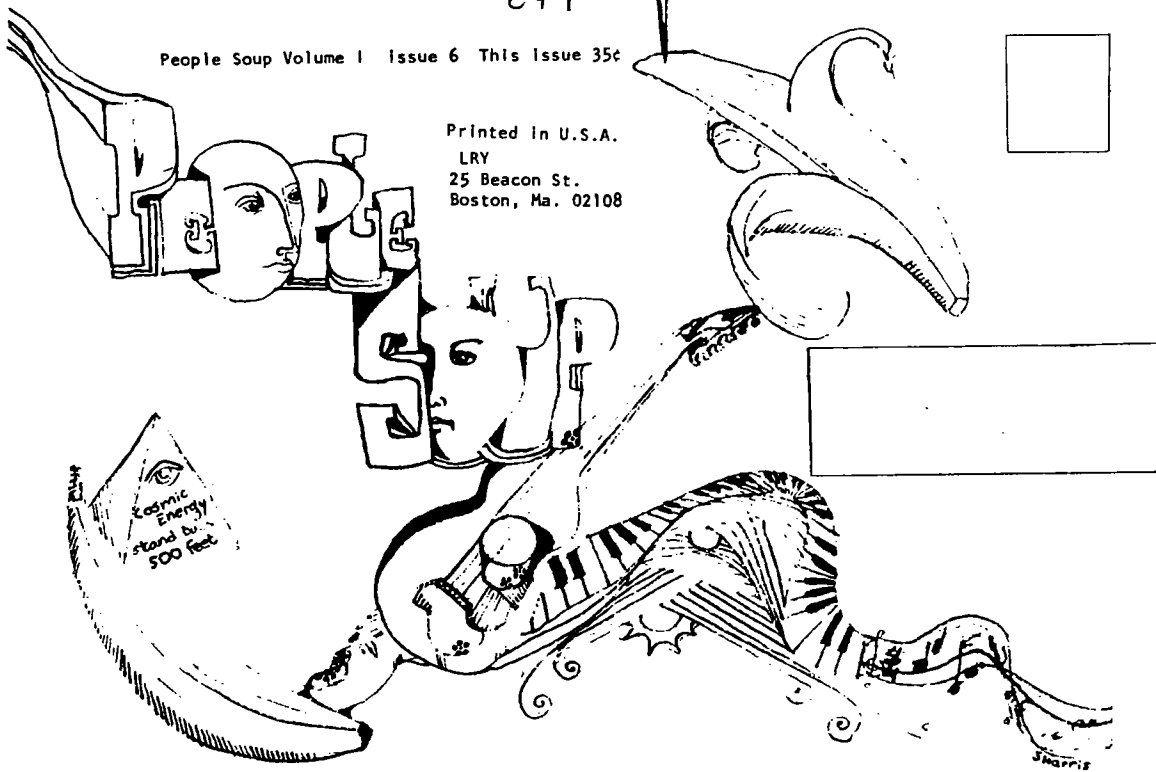


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 LRY
 25 Beacon St.
 Boston, Ma. 02108



The Power of You to Change Society

Let me share my dream with you, my new friends who have given my new hope that maybe I have finally stumbled on a group of young people who can make it come true.

I sit here right now on a rock in the middle of the river in deBenneville Pines, just above the pipe-tunnel, surrounded by trees, rocks, and a few remaining patches of snow. I listen to the river's music and wonder at some of the things that happened to me here as I helped to staff an PSW LRY conference. I remember the rap session I co-led on "Being Free in an Unfree Environment," in which a small group of you surprised me with your togetherness. In all the so-many discussions I've run in public school classes, I've never had such a response as this.

Unanimously, you cared.

So, let me share with you my dream of teen-aged revolutionaries peacefully but effectively changing the country. I first had this dream a few years ago, but since then, experience had disillusioned me, leaving me with the idea that the youth of this culture are too screwed up and apathetic to change anything. Now a handful of people have led me to a reconsideration.

My original plan was to publish a magazine (and possibly start a TV series, but that would be harder) that would present all the vital issues which the establishment tries so hard to conceal: youth rights and responsibilities, educational reform, alternative life styles, sex, ecology, the real meaning of the American Revolution, governmental unfairness and corruption, etc. It would not only be written on about a thirteen-fourteen - etc. age level, but also would be centered around ideas that young people could put into action. Most important, it would offer a means of unification of all young concerned people, who could do experiments -- such as taking over the classroom, submit reports to be published for the encouragement of others. Hopefully, the Letters to the Editor section would become the crux of the magazine.

Unfortunately, the Youth Awareness Project (namely, me) finally conceded that the magazine would take much more money and people than were presently available.

Then came this weekend. Several things came out in that workshop:

1. Almost everyone in the group shared the resentment of having at least one class that was marked by unfreedom absurdity, uptightness, and lack of trust. (After my experiences as a substitute teacher ---- in which I asked several junior high classes what they'd change in their school if could, and finding that the two greatest issues were the elimination of dress codes and the attaining coke-and-candy machines for the halls ---- this in itself was encouraging to me.)

change in their school if they could, and finding that the two greatest issues were the elimination of dress codes and the attaining coke-and-candy machines for the halls ---- this in itself was encouraging to me.)

2. With the exception of one guy who had helped start an alternative school, most of them had been frustrated in all attempts to fight the system. Teachers were too often hostile to them for being unsatisfied; worse yet, their peers were too apathetic to help fight for it. A number of persons said that all you can do is wait till you get a better teacher or school.

3. It was agreed, at the suggestion of my co-leader that much of the unfreedom is within us ---- our inability to make the best out of any situation we have.

4. It was also agreed that having an LRY to go to, be unified with and receive encouragement from, makes a lot of difference.

5. I then told the group that I feel ---- I firmly believe ---- that you people have more power to change society than you've ever dreamed of. My experience as a teacher has shown me, for instance, what peer pressure can do. Get yourself together and you can do almost anything.

6. Also, I told them that, although going up to a teacher and hostilely challenging him or her with a list of grievances is apt to make the teacher more defensive and hostile, I believe only the most authoritarian and uptight teacher could fail to be impressed by a dedicated student who shows that she or he is willing to do a lot of work to help improve the quality of education there.

It's not easy. Changing is never easy. But don't forget two things: If you're teacher is hostile, determined to keep you dependent, it is probably she or he is afraid you'd be irresponsible if given freedom, so your job is to prove that wrong; also, if your peers are apathetic, it is probably because they feel there is nothing they could do, so it wouldn't hurt to prepare you with examples of successful educational reforms.

This is how I envision the revolution happening. Admittedly, I am an optimist, a dreamer, an idealist, and I may be placing too much hope and faith in you. Nevertheless, I'm going to present it.

1. You isolate one problem to work on. Not "the military complex in America"; that's too distant. Not "unfreedom"; that's too general. Maybe there's a school rule you find unfair, maybe you aren't given the chance to choose your own classes, maybe your school lacks a student-membered board of grievances. Whatever's been bothering you.

2. You get sympathetic friends from your school allied with you. Also, discuss your project with your LRY group.

Continued Page Ten

Muzak as Big Business:

KEEPING THE WORKERS WORKING AND THE BOSSES SMILING

"So on Friday we play tunes to slow people down because they are wound up. On Mondays we want to pick them up because they are down. We are playing games with people. That's really what we are doing. I hate to use the expression, but we are human engineers. But gee, that wouldn't look good in print."

--Bob Willard, marketing vice-president
of the Muzak Corporation

LOS ANGELES (LNS)- The Muzak oozes through the halls of the Pentagon, the Astrodome and hen houses in San Bernadino. It accompanies Nixon at work at the White House and San Clemente. Grocery stores and cocktail lounges coat their customers in Muzak because it creates an environment that makes people want to stay longer and the longer they stay the more they buy.

And in the Los Angeles area alone, reports Mary Murphy in the Los Angeles Times, Muzak is piped to nearly one million secretaries, clerks and factory workers.

Now so integral a part of our daily lives, you might think that Muzak just naturally emanates from the ceiling. But the Muzak Corp. is a \$400 million a year industry with an estimated captive audience of 80 million listeners in 26 countries.

80 percent of Muzak's high precision speakers are aimed to the work environment, says Tony Woods, executive vice-president of the Los Angeles Muzak franchise which valued at \$2 million, is one of 283 nationwide Muzak franchises.

Explaining the work habits of those bored by their jobs, Bob Willard, Muzak marketing vice-president, says that "from 8 until 10:30 a.m. they are in constant decline. After a break and the idea of lunch they have a tendency to pick back up. Then they return from lunch they are close to the efficiency they were at in the morning. It is constant decline from 1 to 3 p.m. and then after a break there is a tendency to pick up until quitting time.

"What we do with our music is to program just the opposite, varying the tempo, rhythm and the number of instruments. When people are at high efficiency we are at low stimulus value and as people go down we climb."

And each time of the day and each day of the week is different.

"A company's yearly income is pretty well fixed," says Wood. "Profit depends on only one thing- the output of your people. And if you want more profit you've got to make your people more efficient. In this way, Muzak functions as a management's tool."

But, Willard hastens to add, Muzak is not for everyone. "We know of no value of Muzak to a self-thinking or creative person. Muzak has no value to engineers, architects, doctors, lawyers, business executives or any creative person. For instance, obviously Tony's and my jobs are quite stimulating so we don't use background music per se. If we need stimulating, the company is in trouble," he said with a big wink.

"The only time we recommend it for executives is to cover up conversation. Say we are talking about salaries and we don't want the girls to hear. We turn on the Muzak and it masks the conversation and keeps it in the room."

Muzak has come under considerable fire for its inherent and fully utilized- manipulative nature, and the Muzak Corp. is somewhat defensive. Says Willard: "People might think it a form of brainwashing but we don't like that term. We feel that people who are doing their jobs and who want to be working can benefit.

"Ultimately, it is not a question of how a person feels," says Willard, "but if they do a better job with Muzak."

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STAFF FOR THIS ISSUE- Peter Nalven, Matthew Easton, Paula Rose, Adam Auster, Bev Yaeger, Claudia Nalven, Emille Blattman, Ralph Waldo Emerson (The Godfather) Joe Taco, Suzy Cream-cheese, Carl Seabird, Loudon Walnwright. Our special thanks to WBCN for supplying us with music and boogie. Forum Graphics, and the Fiddler on our roof.

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NON-LRY

By Adam Auster

Everything has got (somewhere) an opposite, LRY being no exception. Let's postulate a non-LRY, composed of non-feds. These non-federations would hold non-conferences every so often. What sort of things (or non-things) would go on at a non-conference? Well, first of all, there would be a lot of non-planning preceding every non-conference, where the committee would sit around and not do any advance work. Food would not be bought until Saturday, and then it would be non-vegetarian with no milk. No site would be found until the last minute and programs would be totally forgotten.

Non-publicity, if it came out at all, would be confusing, poorly handwritten, and too faint to read. It would also be sent first class to cost more money for the non-federation, and even so would come too late to do any good.

At the non-conference, the non-planners would hold a disorientation meeting. New nonLRY'ers would be told that they should either join a clique or leave the conference, and any speaking would be interrupted by people talking. The first night would end in a non-worship service designed to foster non-community. This could either be poorly planned, or not planned at all (spontaneous).

Then everyone would break and either try to go to sleep or else try to keep everyone awake.

Saturday's program might look like this:

NON-COMMUNICATIONS WORKSHOP

INSENSITIVITY TRAINING

LUNCH (cold oatmeal)

FREE TIME

UNPLANNED NON-WORKSHOPS

However, none of the workshop leaders will show up because the non-planners have forgotten to call them up.

What else does a non-federation do (or not do)? Well, it holds non-meetings, where individuals come to not-listen to each other. A non-meeting begins by somebody standing up and saying that if everyone in the non-federation would please try very hard, the non-meeting could be over quickly and everyone could break off into cliques again. The non-fedders, however, either don't believe this, because whenever anyone tries to say anything, they are interrupted by someone else and have to repeat themselves several times, or no one can hear anyway because the continual background talking blots out everything else. Once a year there are non-elections, where the people who (didn't) work on the non-fed over the year ask new people to take their non-jobs. No one wants to, so the non-fed planners tell the non-fed how apathetic it is, and either volunteer to not do the jobs for another year or talk their best-friends into not doing it.

Non-federations also don't do other things, for example, a non-newsletter. Someone is non-elected to do a non-newsletter, and this person then discourages people from helping them by yelling at everyone for not contributing. There are also non-yearbooks and songbooks.

If all of this is starting to sound a darn sight too familiar, you can do one of two things. Either A) take comfort in the fact that, just as feds in LRY go "downhill", non-feds in the non-LRY go "uphill", so whatever is wrong in your fed is now going right in in some non-fed. OR B) you can address your problems directly and try to do something about them. Some of the things you can do are:

- Have a workshop at your next conference or local meeting to talk about LRY, where it is and isn't going.
- Talk with folks on the executive board or committee of your fed. They care a lot, and could do with your help.
- Write to LRY, 25 Beacon St., Boston, Mass. 02108. There's a lot of energy that can be shared.

CORRESPONDENCE- People Soup/o LRY, 25 Beacon St. Boston, Ma. 02108.

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We welcome subscriptions, unsolicited photos, drawings, and articles for this paper.

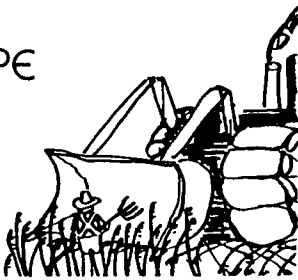
Page three

EMPOWERMENT is the act of enabling someone to reach his/her goals. At the conference we hope to empower people to live according to their ideals. We intend to do this by sharing skills and ideas which may be applicable to a "liberal religious" lifestyle.

near Durham, N.C.

august 4~11

empowerment



The conference will be structured similarly to last years Continental, with theme speakers in the mornings who will generally delineate subjects relating to the theme, EMPOWERMENT, and more specific workshops later in the day. We hope to have "cell groups" or family units as a way of making the conference experience more personal than it might otherwise be in a large conference, and also to divide up certain chores that are necessary in maintaining the larger group, such as preparing meals...

When your registration form is recieved, you will be sent complete directions to the camp and a conference program listing staff and workshops.

If you want to do a workshop, if you have a big tent, if you have recording or other media facilities, if you have suggestions for the Continental Conference Committee, you are welcome to get in touch with Dave Knight c/o LRY, 25 Beacon St., Boston, Ma. 02108. (617) 742-2105 ext. 370



name		
address		
town	state	zip
phone ()	are you a vegetarian?	other dietary restrictions?
means of travel:		please list.

I do hereby give permission for my daughter/son to attend continental conference and to receive any necessary medical attention

please send this form
along with \$15 pre-
registration to:

Emmy Dennis
331 Florida Ave.
Ft. Lauderdale Fla. 33312

Make checks payable to: CONTINENTAL CONFERENCE
EVERYONE MUST PRE-REGISTER!!



SUNCO conference experiment

It all started out when our executive committee got together and decided we wanted to host a conference. Instead of taking Spring Conference like last year's Exec. Comm., we decided to host the first annual Sunco Easter Conference. The conference was held at the Youth Conservation Camp for four days in the middle of Florida. This gave us plenty of time to be with one another and enjoy the cabins, lake, swamps and nature around us. The following was placed in the registration form to let people know what would be happening.

This year we are running BOD (Board of Directors) differently than in the past. First of all, we have never had an Easter Conference, and second, we have never combined BOD with another conference. This is an EXPERIMENT. In the past, the Board of Directors has consisted of the Federation Executive Committee, Advisors, and local representatives. This spring, the Board will consist of the same group, only it will be open to anyone who cares to attend the meetings. These people will observe the Federation methods of doing business. We will be spacing the time for our BOD each day from 4-5:30, instead of cramming it into one marathon session. So this will be an experiment for EVERYONE.

So we ended up combining both BOD and the Easter Conference into one. Everyone arrived early on Thursday evening. Most of the evening everyone spent talking with one another. We also welcomed a brand new local... Melbourne. They had never been to a conference, or really seen any other LRY'ers. Right before orientation, Jim F. had gotten very sick, so our Fed. advisors thought we should rush him to the hospital 30 miles away. Luckily for Jim, we got him there just in time otherwise he would have died. He had been bleeding internally for two weeks and didn't know it. Everyone was concerned and very worried. We went on to Orientation and split everyone into family groups. The family group served three purposes. 1) to give everyone responsibility in cooking and cleaning meals, 2) to get to know each other, 3) to present a family presentation on Easter morning.

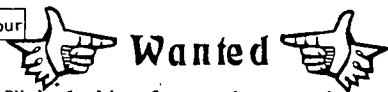
The next morning we had workshops dealing with the educational process, nuclear family, and conservation in Florida. Afterwards there was time for canoeing, exploring and swimming in the lake. Each family was responsible for cleaning and cooking two meals on a schedule. Wendy Judy was head cook and the families prepared food under her direction. It worked well because a lot of people felt they were actually doing something for the conference, being a part of it, and they liked it. It also meant five people weren't stuck in the kitchen the whole conference working their asses off.

In the afternoon the camp director lead us on a Florida swamp hike. If you have never seen or experienced one, you are missing something. Everyone got dressed in boots, pants, long-sleeved shirts and tied back hair. We were lead through the swamp into huge mud holes that were waist deep. You literally had to throw your body to move forward. About one hour later LRY'ers trugged out of the swamp covered with mud from head to toe. The rest of the afternoon people got cleaned up and swam.

After dinner Cary from the Ross Allen Institute payed us a visit. He brought Florida wildlife like a baby alligator, a coral snake, turtles, etc. Plus he brought some other snakes like Diamond Heads. He told us some really interesting facts about the animals. He let us hold the snakes, etc. We then broke up into family groups and talked about the conference and Easter presentations. We came back together and played some games like "the sandwich and the spoon and the string". One of the family groups asked for time to speak. David A. said that his family had talked about the rules. They were upset because people had been smoking dope quite openly expt in front of the exec. comm. We spent about two hours trying to figure out exactly what the conference wanted. People walked out, cried, got upset, and just yelled. We kept arguing over if the conference wanted the rules or not. Finally we just let people sleep on it, because we weren't going to settle anything that way. It effected everyone. Besides the fact that the conference was very worried about Jimmy F. I was very, very upset, maybe even hysterical, and so was the rest of the exec. comm. All I can say is

Continued Page Nine

Continued Page Nine



Wanted

LRY is looking for any interested, committed, and capable people to run for one of the directorships on the continental LRY executive committee.

The executive committee is elected every summer by the LRY board, customarily after Continental Conference. The number and function of the directorships on the committee are subject to change each year also. Last year, the Board passed a proposal creating the current directorships: Finance and Assemblies, Social Actions, Extension and Leadership, and Programmatic Development. The current executive committee, composed of these four offices, has designed a new proposal with different offices and duties.

This proposal will go to the Board this August for further discussion, changes, and final action. The proposal creates four directors, with the possibility of a fifth if enough money can be raised from the LRY federations.

The first of these directorships (in alphabetical order) is that of Communications and Publications, which includes keeping track of an up-to-date fed, local, and individual mailing list, managing the newspaper, and taking responsibility for regular mailings to the feds, locals, and individuals telling them what is going on in LRY.

The second directorship, Development, is concerned with programs that foster group unity, including group-process skills, and otherwise helping to develop LRY's potential as a youth movement.

The third directorship, Finance and Assemblies Planning, is in charge of the books and financial records of LRY, developing fund raising programs, fostering those skills in feds and locals, and overseeing the physical planning of all Continental LRY meetings and gatherings.

The fourth directorship, Peace and Social Concerns, is responsible for fostering an awareness of contemporary issues, editing and distributing information relevant to modern society, investigating ways in which LRY's endowment may be invested, sponsoring projects that express LRY's social concerns.

These four Directorships have been proposed for next year's executive committee that would take office at the end of the summer. In addition, a fifth directorship will also be considered.

This directorship would be one of Intergenerational Activities, who would co-ordinate LRY relations with the Unitarian Universalist Association and with other adult institutions, develop programs for youth and adults, and to keep LRY informed on the status of LRY's adult relations, both official and otherwise.

The current executive committee feels that the fifth directorship is contingent on raising approximately \$2,000 in dues from federations this summer, since it would cost approximately \$2,500 to feed, house, and pay expenses for another director.

All aspects of the proposal will be considered by the Board this August, prior to the ballot for elections.

LRYers who are interested in running for any of these positions should get busy right away. Some of the things that potential candidates might want to do include:

1) Pick a position that you think you are most capable of doing. For a more detailed description of next year's proposed jobs, write to LRY. The sooner you make a decision the better your chances are.

2) Although the filing deadline for nomination by petition has passed (which means that all candidates must be nominated by a Board member), having a formal petition would strengthen your claim to the office. Write to LRY for forms and explanations related to the petition process.

3) Plan on attending LRY Continental Conference this August. You will meet folks from all over, and it will get you ready for Boards. All Candidates are guaranteed transportation from Continental Conference to Boards.

4) Whatever else you do, plan on being at LRY Boards this summer. This is where it is all happening.

5) Write to LRY right away. We'll send you copies of the board packet and other information that will help you alot.

For more information, ideas, questions or answers; write to LRY 25 Beacon St., Boston, Mass. 02108.

PERSONALS

Meg Chapman: Alas, I believe I'll be seeing you finally in late June. Please send me info on Star Conference.

Mark D. from way out yonder

Broccoli Man-remember the Pizza Village Inn and the Beaufort bus station? Remember buses? Forget Buses! See you soon, A.S.S.. A Missing Person, I.F.S. Barbara of Ft. Lauderdale: I long for your long, long hair.--Mark of Big D, TX.



LETTERS



Dear People Soup,

After the excitement of seeing our names on the front page of People Soup, wore off, we realized that somewhere a big mistake had been made. The report of the conference that we wanted you to print was a write up of an MVF Conference.

The reason that you got a copy of the write up from NSF was just to keep you informed...(actually, we just got a little carried away with the Xerox machine that night).

We did not intend to degrade anyone's conference, especially publically. We wish to express our sincere apologies to anyone in North Star that we may have offended; because we really had a great time at that conference.

B. Stone & C. Taylor

And we the editors of P.S. would also like to apologize to all the people concerned for misunderstanding the intent of the letter and printing it in the paper.

People Soup,

With every issue this paper gets better. However, there is something I wonder about. How come there aren't any letters in P.S. like the ones in the National Lampoon? Certainly there are those among us who could write letters that would surpass even the finest of the Nat. Lamp. scribbles. Just think of all the (tee-hee) LRY jokes that could be passed around. And all those helpful hints. Even the weather report. Or organize a group toilet-flush.

You know what I'd really like to see is an article or a series of articles about all the games that LRYers have invented or stolen. Every fed has games, etc. that go on at their conferences that other feds have never even heard of. I've been in 3 feds and they each have their own past-times. I'd be willing too contribute the games I know of, if some other people will too. How about it friends?

Zowie! This is a long letter. Okay. Ne...xt!

Someone else's turn. Zoot suits, Susan McCoy (Sunco)

Dear People Soup,

I think People Soup is starting a whole new up-urge of LRY involvement that never could have happened without nationwide communication which we now have. Every issue of P.S. improves over the previous one. Not only in layout but in content. I also think P.S.

~~is a success and will continue as such~~
Libby.

CLASSIFIED

Experienced girl seeks work in Cape Cod area on one to one basis, tutoring a retarded child or young adult. References available on request. Call Anne Gillespie Sudbury, MA 617-443-9305

At Croton conference certain things were left, such as a straight jacket. I have a whole bunch of stuff. If you lost or left something there and wish to have it back please contact-Emily Nalven, 1327 Putnam Ave. Plainfield, N.J. 07060 tel. 201-757-5627.

BIG ROOM FOR RENT IN DALLAS, TEXAS for either male or female. Room and board will come to approximately \$100 per month. Easy terms. The room has a double bed, wall-to-wall carpeting, a large closet, and a.c... I live with my mother, brother, sister; all we ask of the tenant is that s/he be a non-tabacco smoker. That's all. Full and part time jobs are available in the area. And incidently for those who are school-oriented in any way, there is an el cheapo, innovative community college within an 1/2 hour drive from my home. I am currently attending that myself, you could have transportation there if you wished to attend it too. Address all correspondence to: Mark Dohner, 3648 Flair Dr., Dallas, TX. 75229 tel. 352-0659.

LOST: One Bell Pepper. Description: orange, plastic, partially chewed, (looks somewhat like a carrot). Lost somewhere in the vicinity of CMF's Spring Conference in Evanston, Illinois. If you've managed to pick it up accidentally it would be appreciated if it was returned. Kitty needs to be fed! Send to Kitty, 17 Martha Lane, Evanston, Illinois. mucho love, Kitty

Need some growing room? Looking for a place to belong? Try "A Summer Camp Experience." Go to Tri-Fed Summer Conference (LSD, SAM, Sunco) from July 24th-July 30th, at a site near Cleveland, Tenn. If you're interested, write: Susan McCoy, 408 E. Duval St., Lake City, Fla. 32055, for more information.

»NON-FLESH PROTIEIN, ANYONE?«

by Mark Dohner

I, being a vegetarian of long duration, know exactly how it feels to be asked the almost rhetorical following question: "How do you compensate for the vital protein that normal people eat?" For clarity's sake, "normal people" are the carnivorous kind, as far as I can tell. Replying out of my utter confusion due to an image that "they" must think that I am a martian who really eats nothing but radioactive isotopes-- I thereat ramble off my diet to them. That is usually done in a rather aloof tone of voice. And that roll call is sufficient for almost anyone who has marveled over my dietetic preferences.

Nevertheless, there are a select few who are compelled to ask me what on earth is a protein and how is it used in our bodies. Now in the next few paragraphs, I shall explain what proteins are and their function in the body. Then with those brassacks broomed aside there will be a summary of what foods vegetarians use as their main source of protein. And incidentally, the foods that will be summarized herein are intrinsic in everybody's diet-- whether you are a "veg" or not.

Why do we need protein anyway? First, only protein contains nitrogen, sulphur, and phosphorus-- substances which are essential for life. We are, in fact, eighteen to twenty percent protein by weight. Protein constitutes the framework for every animal; skin, hair, nails, cartilage, tendons, muscles, and even the organic structure of bones are made up largely of fibrous protein.

The body depends on protein for the myriad reactions which we amass under the heading metabolism. As regulators of metabolic processes, we call these proteins hormones; and as regulators of important metabolic reactions we label them enzymes. Also, hemoglobin, the critical oxygen carrying molecule of the blood, is a member of the protein family.

Protein in the blood helps to prevent the accumulation of either too much base or too much acid. In this way, it helps to maintain "body-neutrality" which is essential to normal cellular metabolism. Similarly, protein in the blood serum participates in managing the body's overall water balance. In other words, it controls the osmotic distribution of fluids on either side of the cell membrane.

The proteins our bodies use are composed of twenty-two amino acids. Eight of these amino acids cannot be synthesized by our bodies; they must be obtained from outside sources. These eight--yawn--are tryptophan, leucine, isoleucine, lysine, valine, threonine, the sulphuric amino acids, and the aromatic amino acids.

The amount of protein need in the body differs from person to person, as well as differing with an individual's environment. Certain physical stresses, pain for example, or psychological stress even from exam pressure, can cause one's protein requirement to jump by as much as one third over ordinary needs. Be aware of the condition of your general health, your temperament, your energy level, and your skin. Their condition is usually a reliable indication of whether or not you are getting enough protein. If you are really deficient the scalp becomes very flaky and the hair begins to fall out. Also notice how quickly abrasions heal. If they take a long time or if they don't heal completely so infection occurs, there is a possibility of deficiency.

There are two excellent sources of protein that a vegetarian may utilize to be sure of getting the proper balance of amino acids: dairy products and a variety of vegetable proteins that have complementary amino acids. Eating a combination of protein sources increases the amount of usable protein in vegetarian meals, because the deficiency of certain amino acids in one food can be reconciled with the abundance of amino acids contained in another food.

Continued Page Ten

remembrance

by Steven R. Wilcox

I recently passed something of a milestone in my life; two years of full-fledged LRY membership. This is, in itself, no big deal. There are probably thousands of LRYers who have passed this same length of time in the organization, and I'm certainly not trying to brag about the length of my tenure.

But during the conference that had the dubious distinction of being the venue for this event, it occurred to me that I wasn't getting as much out of the conference as I had my first. A serious part of the situation was the fact that both conferences were held in the same city, and at the same church. The only fundamental difference between the two was the fact that I was two years older.

Hmm, I thought to myself....have I really changed this much? Or is this conference just bumming me out because I'm not thrilled just to be here this time around? What's so goddamned different?

And then I came to some sudden conclusions, if you will. I prefer (because of their personal import, not megalomania) to think of them as revelations.

Now it occurred to me that perhaps it wasn't on account of the conference that I was so bummed out. So I decided to compare my behaviour both before and during, the two events.

And this is what I found out.

I'm not a biblebelter by any stretch of the imagination, but a close friend of mine happens to be a preacher's son. And he, as a very large influence on my life, has taught me many insights through the bible.

His favorite quotation is: "And ye shall all appear as little children in the eyes of the Lord". So perhaps that's where I'll begin.

When I walked through the doors of the Ottawa church, I knew total jackshit about LRY. My local group was small and conservative, and the whole trip was arranged for me by a friend who thought it would be a good experience for me, and maybe it would lift me out of the dumps I'd been in.

Oh, but how correct.

And so I was now standing inside this beautifully designed and brand-new church, full of these absolutely outrageous teen-agers, who asked me my name, and told me how nice it was to see a new face.

And oh BOY, did I freak.

All these kids, in love with each other, and more than willing to take a total stranger by the hand and introduce him around. And everyone had time for me, and I felt all at once cleansed, and pure, and I met new people that represented a species that I had only read about in Tom Wolfe novels and Evergreen magazine. And now I was one of their number. I was powerful, and accepted, and goddamn it:

L O V E D I

And I went home again, with promises of letters to come ringing in my ears, and a pocketful of addresses to write into a book, and the knowledge that I could expect to receive the same kind of show of love and welcome from all my new-found friends the next time out.

And I wrote my friends, and received their replies, and sat on my hands until the next weekend event. And the next time I went I actually went to lots of workshops, and all the worship services, and saw all my friends, and I went home after feeling even better, because a nagging doubt had been eradicated...to wit, these people were actually for real.

And so it went...new conferences in new federations, and new faces full of that same love, and so on and so on. And these people were willing to accept my personality, and give constructive criticism, and everything was fabulously together for about a year.

Continued Page Eleven



King Arthur's Court

Born Sad
Born Crazy
Born Mad
Born Lazy
Born Anyway

Andrew
Morgan

L.M.R.

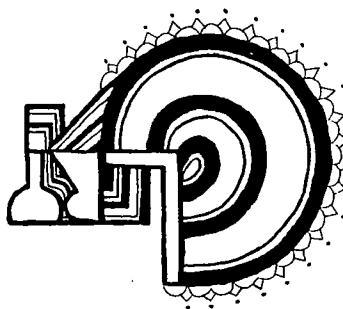
* NEW L.R.Y. SYMBOL *

In the first issue of People Soup there appeared an advertisement for ideas on a new LRY symbol. We asked people to send in their suggestions. On this page are most of the symbols that were submitted. I would like to apologize to those people who sent in their ideas and do not see them on this page. Some of the symbols were lost while transporting them to Chicago where they were viewed by our board of trustees. I would also like to thank all of the people who sent in their ideas.

Many of these symbols unfortunately had to be changed in the transition to the paper. Some had to be shrunk in order to fit them into this limited space. In the process of shrinking, a lot of the lines and details were lost. I did my best to fix these mistakes, but alas, I am not an artist. Another problem that I ran into while making this spread is that color was a very important aspect to many of these symbols. Unfortunately this paper is in black and white and read all over (sort of like a sunburnt zebra). I tried to compensate for this by describing the colors of each symbol. I recommend that you use your imagination, or better yet, trace them onto onion paper and color them in.

We would like you to pick out your favorite three designs, rank them (1,2,3) and send your decision to us. We will then tally the votes and bring the results to boards this August. The board will then pick one to be the new official LRY symbol after considering your votes. We are still accepting any new applications. I hope to be getting your ballots soon.

Peter Nahren

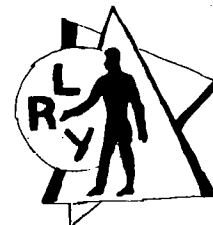


(1)

Black and white pencil drawings.

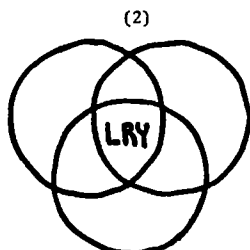
"The letters obviously are understood. The semi-circle with the trim around it represents a flower, blooming which we are, not only in our religious theory, but in outlook and age. The circle opposed with straight lines is the uncertainty of life. The inner circle is the midevil symbol for life"

J. H. Brown, Kingston, N.Y.



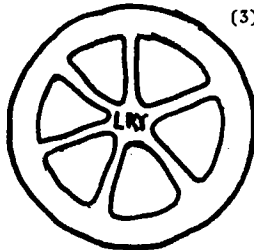
Old Symbol

Symbols (2), (3), (4), and (5) are by Susan Marker, Paradise Valley, Ariz.



(2)

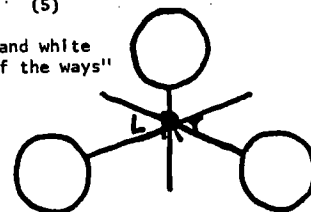
Pen-Black and white
"Intersection of various ideas, concepts, people, religions, etc."



(3) Pen-Black and White

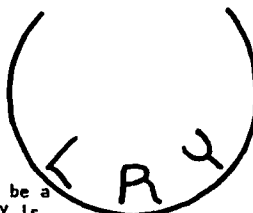
"Sort of a wheel, going lots of places, sometimes moving, sometimes stuck, but it's usually pulled out of the mud, some how (Kinda like LRY)"

(5)
Pen-Black and white
"Meeting of the ways"



(6)

Pen-Black and white
"I don't think it should be a closed circle because LRY is open to all people, ideas, etc!"



(4)

Magic Marker-black and white
"It has no great symbolism, but some people might think it does. At least it's not sexist. I think it's pretty."



(7)

V. Welford

Magic Marker- greenland with blue letters. The ocean is purple with yellow sun with alternating yellow and purple rays.
"The green map is to signify an ecologically balanced continent. LRY printed within it is to signify a united LRY. The sun is for brightness and happiness. The sun also stands for continental conference where the LRY community is gathered together under the sun." The original design was for the LRY flag.

Doug Alexander, Houston, TX.

Magic Markers-Rainbow of purple, green, red, orange, and yellow above the star. Outline of the star is in red and yellow. The smaller stars are yellow with blue moons next to them. The circle behind the large star is blue. All outlining is done in dark blue. The center of the eye is green.

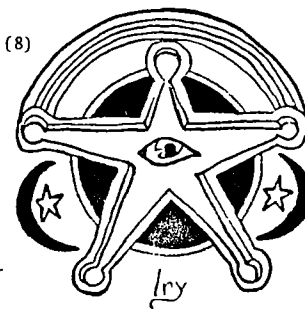
"As for an explanation of this idea, I really don't think anyone should have an explanation for their ideas, if anyone sees a symbol that feels good with him or her that should be good enough, but anyways, I'll tell you what I like about it.

1) The color. This might not be a suitable thing when printed in black and white. It could lose a lot of its power. But LRY has been full of color for me. Thousands of rainbows. LRY is full of it.

2) I've seen a lot of those in LRY too.

3) the eye signifies search for knowledge and truth and other lofty ideals, eight letter words and fancy sayings. It just looks good there, too."

Sam Mills, Utica, MI.

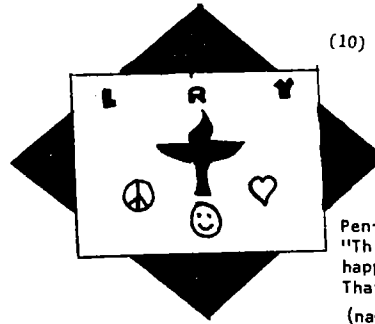


(9)



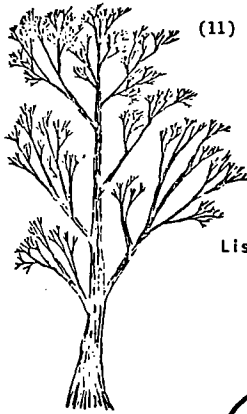
Pen and ink-Black and white.
 "Tax your imaginations and you will notice the resemblance to two human forms. The joining of the two figures formed by the chalices shows the interaction of people which is constant in LRY and essential for it's existence. The cathedral effect in the center symbolizes the church origins of LRY. The chalice is the symbol of the Unitarian faith in which LRY had it's beginnings, and is still very much a part of." Central Midwest Federation

(10)



Pen-black and white
 "This stands for life, love, happiness, peace, and LRY. That's what it's all about."
 (name of designer lost)

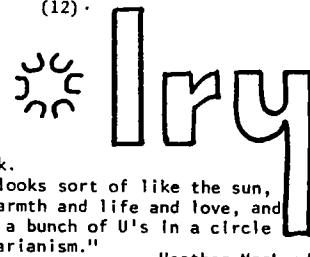
(11)



Pen and ink-black and white
 "To me the tree reminds me of LRY. LRY, like the tree, goes through changes. The leaves die and fall away and new ones replace them. In LRY some locals or feds die but a new one forms in the same place later, or a new one forms nearby. Like the tree, LRY grows slowly, sometimes parts die but eventually grow back. Each year it seems to me our roots go deeper."

Lisa Martin, Arlington, TX.

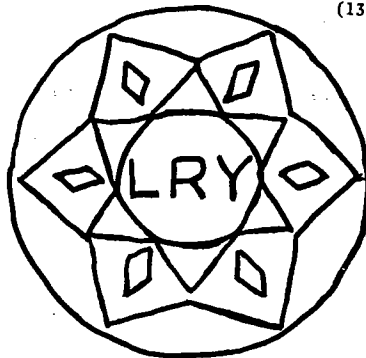
(12)



Black and white ink.
 "The round dealie looks sort of like the sun, which symbolizes warmth and life and love, and also it looks like a bunch of U's in a circle for unity and Unitarianism."

Heather MacLeod

(13)



Embroidered patch of denim. Letters in white on blue background, surrounded by a green six pointed star. Outside of that is a blue six pointed star with red diamonds surrounded by yellow.

"The blue is for peace, the yellow is for sunshine, the red for love, the white for solidity, and the green for new life."

Layni Martin, Arlington Texas

(14)



Magic Markers; purple on baby blue back ground.
 "I used the Love Reaches You idea because to me that's what LRY is-people loving eachother."

Carol Knapp

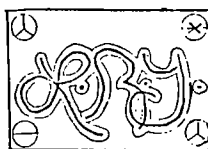
(15)



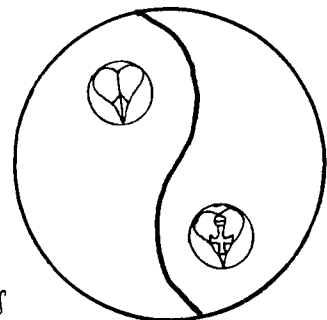
Black and white ink pen
 "If the symbol has to be explained it is worthless, so I will refrain."

Andrmeedeus, Baltimore, MD.

(16)



BLESSED ARE
 THE PEACEMAKERS
 FOR THEY ARE
 GOD'S CHILDREN



Magic Markers. Upper lefthand corner- outlined in blue. 4 circles done in blue. Letters done with outer layer blue, next layer green, middle red. Letters in bottom left in red. Large symbol in middle of flag is green.

"Color is up to you."

Upper left hand corner:

Lower lefthand circle-ecology "needs no explanation."

Upper lefthand circle-eternal triangle-care, happiness, life. "Through care of other things, beings, happiness if found, and therefore life, for life can not continue without joy."

Upper righthand circle-Union of minds. "LRY is to me away to unite minds. It seems to me that many now know where they want this world to go but are at a loss how to get there. This can only be brought about by communication; communication works best when it is founded on common experience(which is now difficult because of overpopulation). LRY provides a means of common experience, hence a union of minds.

Lower righthand corner- Peace symbol.

Large symbol in the center of the flag: Small righthand circle-Anhk. whole earth, heart, circle. "symbolizing that through care and love of nature and the natural ordercomes life and a whole being. Small lefthand circle-circle, heart, and peace. "By love and tranquility (peace) the world becomes one. The large symbol itself- Yin-Yang. Eastern symbol, 12 B.C., for children of peace. "I am, you are, we are."

Rob Campbell, Detroit, MI.

CMF spring conference

By Marissa Zwick



To start off, I think it's somewhat important to say what encouraged me to write this article.... Well, after reading about feds going to "pot" and conferences messing-up and/or falling apart, I thought it would be interesting for those planning a conference or those who just like reading about ones they missed, to find out how ours was outlined and how it came off....

In Sept. 1973 CMF Board agreed upon L.Y.O.N.S. (Liberal Youth on the North Shore) having the annual Spring conference in Evanston, Ill. From about then until March, not much was said about the conference except for many personal feelings and directions that many individuals wanted it to go in (which was kind of scary at the time) but by the time we got down to business we decided, first of all, what we didn't want to happen (thru past experiences with other conferences), concluding that we'd break into committees so all the work wouldn't be on the most powerful people and also so that each committee would go into their subject as deeply as possible.

From then on we had many dinner meetings at various homes (we found we worked the hardest in people's homes-business wise), that consisted of group decisions that needed to be made, hopefully committee reports (along with at least one new committee each week) and anything else that we felt was important. Don't get me wrong... they weren't all full of t.b.&j. (truth, beauty and justice) we had our goof-offs along with many an argument and tearshed.

As the conference neared, things became more chaotic. We really weren't sure of what to expect because we invited many out-of-fedders, for free (how many?, would the weather permit?, etc.) but as the day came closer we managed to get a little more sure of ourselves. Pre-reg. alone consisted of 190 people, the shopping had been done (we didn't exceed the budget!), and all was pretty well under control. By the time May 10 arrived, almost all was ready.

I arrived at the church about 9:00 a.m., backpack and bags of vegetables (for soup) in hand, only to find the remains of the church rummage sale piled, fairly neatly, to the ceiling near the front door- all embedded in an inch of dust- basically the whole place was in shambles, and none of the LRY'ers who didn't go to school had shown up yet. After having a slight fit, I settled down to make 50 qts. of home-made vegi-vegetable soup for Sat. Shortly after I had begun, our local started to show up, one-by-one (we're about 25 strong, and about 30 all together). Things started to fall into place and cleaned up slowly but surely along with last minute shopping and organizing.

By 4:00, everything was well on it's way and people were starting to arrive. By 9:00 most of the people had arrived coming from: Virginia, Penn., Florida, Kentucky, Iowa, Mich., Cleveland Hts., Mass., and the CMF area itself. By 9:30 the square dance was well on it's way with most participating. We then moved into orientation (theme, rules, schedule, etc.) and then a gorgeous candlelight worship service that consisted of poems, stories and songs ending in one huge circle, all embracing, singing.

From then on people were on their own (there was a workshop too) until the next day that began with yoga for some and CMF board elections of others. I never realized how powerful our board actually is, to the point where nobody really cared what they decided (we voted on an amendment). It was really depressing! Anyway, we then began workshops (ex. Hinduism, poetry, Unitarianism, making terrariums, crafts all day- jewelry, bodypainting, macrame, etc...). All went fairly smoothly.

By the time the banquet came around it was about 8:00 or so. The band, "Redwood Landing", arrived at about 10 and played until 1:30. Mind you, they were very, very good and most of us were dancing at one point or another.

Clean-up was the normal Sunday activity along with a worship on the directions of LRY. Good-byes were as hard as usual. I can pretty much conclude, as an individual, that I left the conference with a sensation of completeness, the biggest fear (that I would not have any time for myself or my friends) never really formulated even though I didn't manage to really meet new people, (which CMF is full of) I really got to know the old ones better. I felt truly felt pleased.

I.
Circular parade.
Spectators, clowns, politicians-
shifting places.

Like cars at stop lights,
spending allotted time.
Caring.

Always watching
the speed limit.

II. Birds fall,
children cry,
sky grows dark-
I sit here.
Earth turns,
people die,
I sit here.
Outside-
inside
and way within;
the air in each environment changes,
the person visiting, always traveling.

III. The union of unexpressed glories;
fireworks shoot brightly colored smiles
toward the ceiling.

IV. Yellow on a lace afternoon
someday I'll go to find the field
we used to know.
And pass by the brown fences that float after you.
I'll follow the roads that took us
to the world

We can never reach again.

V. A constant song whirling through this head of mine.
A song without sound,
it becomes a simple warm feeling in
in my belly.
My moods write the song,
my veins sing it.
And now my smile dances unaware of past frowns.

By Ellen Bruce from Evanston,

These poems were written separately at different times
but together they express a general feeling I got from
the C.M.F. Conference in Evanston, Ill.

Fed. Ups and Downs

CMaF- Had a conference in Harvard, Ma.

CMF- (Has affiliated) Had a conference in Evanston, Ill., with over 200 people in attendance.

CVF- Held elections in Bridgeport, Ct. They elected a General Executive Committee, and are rewriting their constitution. The new executives are Deldri Deane, Lili Plant, Amy Rood, and Martha Spiro. For more info. write Didi Deane 248 Pomeroy Ave., Pittsfield, Ma. 01201
Down East- No news

DVF- Their May conference is reported to have been a success spiritually, if not financially. They now have a new executive committee and a new issue of their publication, Iconoclast. Write to Jeff Barnes, 503 Falkirk Rd. Wilmington, De. 19803, for information on either.

Essex- Their conference early last month had a poor response, and they are thinking of joining with SMF and NSF to form FAROUT.

ECF- LRY week at Unicamp will be Aug. 25-30 on the theme of "NEW COMMUNITY- THE UNICAMP FANTASY". For more info. contact Keith Ludbrook, 37 Leslie St., Hamilton, Ont. Canada, L9C-1M1.

GMAF- (Has affiliated) Has a new executive committee. For more news, write to Jane Doyle, 11489 Waterview Cluster, Reston, Va. 22090
GODARFUL- no news.

HBF- Had a small conference in Northfield, Vt. last month, and as a result has a new executive committee and a new fed. structure. To find out about either, contact Ben Alexander, 375 S. Union St. Burlington, Vt. 05401.

JAF- Is planning a conference in Plainfield, N.J. June 21-23. Contact Lynn Rubenstein, 77 Orange Rd. Apt. 91, Montclair, N.J. 07042 for more information.

LAF- Last month's conference fell through, but they've just had a conference in Huntington, Long Island. Contact Jack Jaeger, 175 Boston Rd., Massapequa, N.Y. 11758 or Leslie Swike Bx. 140 RFD#1, Wilderness St., St. James, N.Y.
Continued Next Page

LSD- No news

MAF- Has just had a conference at Croton Pt., N.Y. possibility of a late June conference in Poughkeepsie. For more info. and/or a copy of their newsletter, write to Marco Elman, 5025 Broadway NYC, NY, 10034

MARC- No news

MVF- Has new officers and such. Contact Andy Hansen, 2611 S. 46th St., Lincoln, NE. 68506

MOHAWK- Just a few folks, plugging along. Contact Andy Rabow, 8 Brevity Ct., Binghamton, N.Y. to exchange support, advice or ideas.

Narragansett- Had a small conference in Providence, R.I. Last month, where they made themselves a new executive committee and a new constitution. The new fed contact is Eric Daum, 47 Strauthmore Rd., Cranston, R.I.

NERO- Has a conference the week of June 22-28th at Star Island. The cost is \$73.00 and the theme is "Opening the Doors of Perception" Contact Brian Zoerheld, 33 Glen Green, Winchester, Ma. 01890

NHF- No news.

NFF- No news.

No. Su. Fed.- Had a conference in Dedham, Ma. last month, where they instituted a new executive committee. No contact is given.

North Star- Is having its annual elections conference any day now. Contact: Babbit Wolfe, 12 Bundy Ct. Northfield, M.N. 55057

OVF- No news

Phoenix- SPECIAL NEWS FLASH!!!!!!!!!!!!!!!!!!!!!! THE DATES FOR THEIR SUMMER CONFERENCE, BIRMINGHAM, HAVE BEEN CHANGED TO JULY 12-15. It is very important that people going to this conference arrive at 12 noon on the 12. For further information, contact Kathy Ogawa, 1005 Ironwood Ct. Apt. #104, Rochester, MI. 48063.

PSLRY- (Has affiliated) Fall camp in the works.

RMF- Just had a conference and elections. Contact Karl Kharas, 802 Grape St., Denver, Co. 80220

SAHIL- A few rumors, but no news. Any LRY's in the Northwest, please contact 25 Beacon St., Boston, Ma. 02108

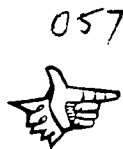
SAM- No news

SamNewt- had a very small conference last month. Contact Even Dreisel, 681 Cordova St., Winnipeg, Manitoba, Canada R3P-1A9

Starr King- New contacts and stuff... write to Ellen Popenoe, 96 Dellbrook Ave., San Francisco, Ca. 94131.

SMF- Had a conference in Lexington, Ma. last month, and as a result has a new fed committee. Contact Janet Fowle, 12 Winthrop Rd. Lexington, Ma.

Continued Page Eleven



READ



Continental LRY is being screwed again. We are being moved into smaller offices, in which we will not be able to function to even the capacity we do now. We see this as not a problem in itself (which it certainly is) but more as a continuing trend of events.

In the past few years, LRY has had its budget cut from \$100,000 to \$20,000. The budget has to pay for the salaries of its four employees, the Continental Board of Trustees meetings held twice a year, office expenses, People Soup, all of the LRY packets, field-tripping expenses, LRY's involvement in G. A., the LRY apartment, food for the four executives and everything else we do. To compensate for the cut from \$100,000 to \$20,000 the LRY executive committee was reduced from eight to four people and a lot of the programs were cut back or stopped.

The LRY offices have been moved almost as often as its budget has been cut and as consistently. LRY went from big offices at 25 Beacon St. to smaller offices (cramped). We were then moved entirely out of the U.U.A. building into average sized offices on the third floor of Elliot House (a smaller building located behind 25 Beacon St.) and now, for the second time this year we are being moved into even smaller offices (very cramped, even ridiculous) in the basement of Elliot House (out of sight, out of mind?).

We do not intend to let this move take place without a fight. We have gone through all of the proper channels to get this decision changed, but it was of no avail.

We are asking you, that if you think anything that LRY does is worthwhile or helpful to you, you do the following things.

Go to the delegates from your church to G.A. and tell them about the move. Tell them that you support us and that you think we are a worthwhile organization. If you do not know who they are, ask your church President or minister. This must be done right away, because G.A. is in two weeks, and this is the last chance for us to have the decision repealed. WE NEED YOUR HELP!!!

If you are able to go to G.A. yourself, and sit with your church delegates, we have a church for you to stay in.

Also, you can write a letter to the President of the U.U.A. Robert West to protest this move and the past and present treatment of LRY.

Please do these things soon, or we will lose what little we have now.

Continued from page 3

if there was anytime I needed my Fed. advisors Caprice and Scott, and my minister, Dave, it was that night. I finally calmed down and went to sleep. As I remember it it was a very quiet night.

The next morning most people were feeling better and started to use their mailboxes and the feelwheel a lot more. We had workshops on the nuclear family and human rights. I attended rights at which we mainly dealt with our feelings from the night before. It made everyone feel good and brought us more together. After lunch the director lead us on another swamp hike which everyone, again, got into. The rest of the afternoon was spent free.

At dinner that night we made everyone wait for the whole conference to sit down before we ate. People had been gobbling down the food and leaving. That evening I glanced at the feelwheel and noticed positive feelings and I was also feeling them. Then we had family group meetings again. For the evening program Peter L. lead the whole conference in a big game of "capture the flag", while secretly the exec. comm. died 120 Easter eggs and bagged Easter candy for everyone. In the meantime, they were trying to keep everyone from coming in. HOW INSANE IT WAS! After the game people came in the dining room to talk, write notes, and use the feelwheel. Before going to bed we held a worship service that brought everything and everyone together. I can't express what happened because it was just feelings, intense, togetherness.

The next morning the magic Sunco Easter Bunny had placed eggs and candy in the meadow. Everyone got up and hunted for East goodies. After breakfast each family got ready for the presentation. We all sat up in the meadow in a circle and each family presented what Easter meant to them. Variations ranged from poems to LRY good Samaritans. It was a very quiet time and you could even hear the birds chirping.

Before I go on I want to explain what happened in the BOO meetings. Spanning the time out made quite a difference. Things ran very smoothly, no one got upset, and business was taken care of. The Board changed the officers from pres./ sec./ tres. to directors. We also passed an advisors resolution, nominated officers to be voted on at Spring conference. Gainesville local asked to host Spring in Orlando on May 17-19, and the exec. comm. planned to field trip to Melbourne, Orlando, and Cocoa Beach. We also learned that we made 200\$ profit from the Easter conference.

On Sunday afternoon we had a canoe relay that everyone got into. It included canoeing, running, swimming, jumping in and out of a canoe...insane. That night we had a banquet for Easter dinner. Candle-light and LRY's dressed up.

It set the right mood. All day people had been crying and this was so beautiful I cried. We had a campfire and sang songs, which was a warm way for things to end. Miami, Tallahassee and part of Gainesville LRY's had to leave that night. It seemed we couldn't let go and it took at least two hours for good-byes. The rest of us spent the rest of the evening talking and writing letters in the dining hall.

Monday finally came. We cleaned up, by now we were really burnt out. Again we said good-bye. It was sad to be the last ones to leave. We visited Jim at the hospital and then our local trucked on home listening to Deja Vu and Beatles thinking about the conference.

At this point I would like to say a few things. People seemed satisfied having free time for once and talking with one another. They didn't have to find things to do. The family groups worked hard and well, and we are going to have them at every fed. conference from now on. After the big dope-smoking rule didn't get stoned and went straight. Before some people considered it a dumb rule, until they understood why the rule was there and why it needed to be enforced. I am glad it happened because we finally got it out in the open instead of pretending it wasn't there.

This conference was so unbelievably positive. We learned a lot. I want to thank all of those people who made that conference happen, our exec. comm., and especially to my minister and Fed. advisors. Thank-you Sunco, Caprice, Dave, and Scott.

Much Love, Emmy

I. Dairy Products

These are efficient supplements to any food because their amino acid content is relatively high. They are especially strong in two amino acids (isoleucine and lysine) out of the eight which humans have to rely on sources from without for. And it doesn't take much to supplement. For example, with grains, two tablespoons of dry milk added to one cup of wheat or rye flour increases the protein quality by fortyfive percent.

II. Legumes (peas and beans)

The major amino acids deficient here are tryptophan, and the sulphur containing amino acids. (I hate to be so redundant with these pesky "amino acids" but they are the building blocks for protein compounds, that is why they dealt with on an exclusive level.) Tryptophan and the sulphuric amino acids are present in nuts and seeds and grains in large amounts. By combining these with the legumes we get more complete protein.

III. Nuts and Seeds.

The amino acid deficiencies of most nuts and seeds are isoleucine and lysine. Raw cashews are an exception, having all the amino acids in line for good protein quality. Remember the potential in dairy products is in isoleucine and lysine.

IV. Grains

The deficiencies are in isoleucine and lysine. So milk and legumes are fine complements.

V. Fresh Vegetables

The most remarkable deficiency here is the sulphur-containing amino acids. You should, therefore, try to balance this peculiarity with foods that are high in these amino acids. Sunflower seeds and sesame seeds and brazil nuts are very high in these.

[If you want to investigate this further we suggest you read Diet For A Small Planet, We've forgotten who the author is, but it is available in paperback at bookstores-ed.]

HEAD OF CHILEAN JUNTA "UNWANTED" BY BUENOS AIRES

BUENOS AIRES (LNS)- The City Council of Buenos Aires adopted a resolution on May 15 declaring Gen. Augusto Pinochet, head of the Chilean junta, to be "an unwanted person within the limits of the city..." Pinochet was scheduled to meet with Argentine President Juan Peron on May 16. That meeting, scheduled for Buenos Aires, took place outside the city limits after the Council's resolution.

In it's statement, prepared by leftist Peronist council members, the Council described Pinochet as, "A man who carries on his shoulders the burden of the slaying, the torture, and the disappearance of thousands of Chilean comrades; a man who heads a military junta that attempts to subdue a fraternal people through violence..." The Council promised, "Chileans... We are with you and we shall keep on giving you proof of our solidarity."



CURRY NIMBLE
WATCHES ON.

3. You research all the material you can find on the matter. Find famous quotes and essays to back you up. (Thomas Jefferson was quite a radical, and he has the nice advantage of being in good reputation with the establishment.) Find articles about similar experiments Write to People Soup if you have difficulty getting info.

4. You plan a class discussion in which you will present material to the class and ask discussion provoking questions. To be really impressive (if you think it will help convince your teacher to let you go at it), write up an outline to be presented to a teacher in maybe an English, social studies, or whatever class seems would be best for you.

5. You ask your teacher for permission to take over the class for the period, presenting your outline. Be careful not to be threatening. If you feel the teacher might ignore you and quietly refuse your offer, you might want to raise your hand in class and present it then. At least that way your classmates will know where both you and your teacher stand.

6. (If you have problems getting permission), you ask your favorite teacher to help, although don't expect her or him to do anything that might endanger his or her position at the school. A math or home ec class may not seem too appropriate a place for such a discussion, but it may unify the class so they will help insist on the English teachers cooperation.

7. You interview people that are involved in the problem: Your principal, your teachers, your student-body officers, etc. Let them know you're interested. Find out what they believe about the purpose of education, the particular issue at stake, etc. There are books about how to conduct interviews, if they'd help. If you need help, practice by role-playing in your LRY meetings.

8. You ask your UU program committee to let you, either as an individual, as a group of students from your class, or as an LRY, present a Sunday morning service to let your fellowship know what you're doing.

9. You write up a report on your experiment and send it to People Soup. Since there will hopefully be too many to publish in the newsletter, put them together in bookform to be submitted for publication, and or use them as a basis for starting your own nationwide magazine.

10. Other young people within and without the UU, read about your work and are encouraged to try these won fights, knowing it can be done and knowing there's a unified body of people to share their work with.

11. After you've gained confidence in yourself, become more aware of the extent and the limits of your abilities, proved to the ever-watchful establishment that you can bring about meaningful changes in a responsible and non-destructive way, and picked up more workers along the way, you can now start working on those injustices and absurdities in the community outside your school walls which have been bugging you for some time.

You people have an ideal situation: The UU fellowship to give you a community to grow in, your LRY family to more closely support you, and the People Soup as an

already established channel of communication.

The most important thing is this, that you always believe in yourself. This is what my co-leader stressed at the rap-session: as long as you know you're in the right, you can keep on fighting against anything.

-Carol Likins
631 Kelton #201
LA, Ca. 90024

Peace in your soul
Force out all woe
Heaven is free
Just be here, to be.

-Reena Shimp (Mich.)

Continued From Page Five

I suppose that as some undoubtedly rich (spiritually) man once said, it is true that all good things change. The change isn't always for the worse, no, it couldn't be as bad as all that. This true, though, because if familiarity breeds contempt, then it only stands to reason that everything will change.

So I can understand, when you consider how things have declined lately, that nothing can be totally exempt, no matter how hard you work to maintain the standards involved.

And so, I'm afraid, has gone LRY as I knew it only two years ago. I just don't see the same things in the same light as I used to... perhaps this is a reversible process, and perhaps it ain't. But it still burns my ass when I have to ask long-standing members of this here outfit to please smoke their dope elsewhere than the toilet, or when, as has happened, the chairperson of the church board asks me about how I want to dispose of this collection of liquor bottles that were just found behind the church.

And that's one major difference between your last conference and your first one. The innocence that you lose the moment you stumble upon your first major LRY conflict, on whatever grounds, is the first seed that germinates into the disrespect that so many people would seem to now have for LRY.

Another thing, while we're on the topic. It's been three or four conferences since I last asked an obviously lost person what name they bore. And the last person I probably asked because I had no-one to sleep with that night. And I've heard a thousand totally unheard requests for help with shltwork at conferences. Now, I'll admit that I am not exactly the person to ask when the dishes start to pile up, but at least I ain't complaining about the volunteered food or the carefully arranged workshops and worship services.

So maybe now it's time for me to make the big point that this here dissertation is all bout. I surely hope I haven't bore you up to this point.

It's definitely time for us to re-evaluate the part that we are playing in this potentially totally satisfying extended family. Wait one minute, Wilcox, what are you talking about, extended family? I don't think I'm the least bit involved in any extended family. Well, sorry, friend, but maybe you ought to WAKE UP A WHOLE HELLUBA LOT. Because is sure is an extended family. This is a living, breathing entity which we are all responsible for. And if we don't get off our satisfied, self-righteous asses, it won't be here anymore for us to use, contribute to, and enjoy. Our responsibility doesn't end there, either. For years and years people have given freely of their knowledge and abilities, and this is the legacy of LRY. This is something of a gift, all this collected activism and fighting, and love and energy. It is our responsibility to contribute to this great fund of experience, and enrich it, so in ten years there will still be LRY. And, incidentally, it won't happen by itself, and it won't wait for us to get around to doing the work. It is wither here or it isn't, and there would seem to be a good deal of evidence that says it won't. There is still time to change it. The flow is so strongly negative-oriented now in so many places that it may be too late.... but that doesn't have to be the last word. The next time you go to a conference, ask yourself whether you know everyone there by name. If you don't, and you don't really care one way or the other, then find an old friend and talk about your commitment to us... and sure as hell hope that we all decide it's worth the effort.

Continued from page 9

SEAFOAM- Will have a conference momentarily. Contact Chris Ames, 5013 Rollingwood Dr., Austin, Tx. 78746. TOAKtm- Is having a conference June 4-10 in Ok. where alot of fed business is happening. A songsheet is also forthcoming. Contact Layni Martin, 1503 Montclair St., Arlington, Tx. 76015 (817) 460-2157. SUNCO- Has a new constitution and new people. Contact Barbara Judy, 1073 West Country Club Circle, Plantation, Fla. 33314.

We would like to congratulate Willie Blackman, ex-president of Phoenix Fed. on his acceptance as a brother in the Community of the Agape. Two members of the Community did workshops at last summer's Continental Conference.

affiliation

The following Federations have affiliated with LRY for the year 1974-75. This does not mean that they have completed all of the needed information, but rather that they have supplied what they could and asked for an extension. These federations must still show that they satisfy the minimum definition of a federation, which is three locals, before they are seated at summer Boards. To this end, we encourage local groups to write to their federation (addresses below) stating that their local group 1) is active, 2) meets regularly, and 3) choses to sponsor the federation.

Ray Shore (not yet selected)	Metropolitan Area Marco Liman 5015 Broadway NY, NY. 10034	Rocky Mountain Karl Shirts 868 S. Grape Denver, CO. 80222
Central Midwest Kevin Hill 64 East Rd. Chesterston, IN. 46304	Missouri Valley Andy Hansen 2611 S. 46th Lincoln, NE. 68506	SAN NIKI Evan Hricsek 681 Cordova St. Winnipeg, Manitoba R2N-1A9
Connecticut Valley (not yet selected)	Mohawk Andre Rabow 8 Brevity Ct. Binghamton, NY. 13905	Star King Ellen Foyne 90 Dellbrook Ave. San Francisco, CA.
Delaware Valley Jett Barnes 503 Falkirk Rd. Wilmington, Del. 19803	Greater Washington Area Jane Doyle 11489 Waterview Cluster Reston, Va. 22090	Suncoast (Not yet selected)
Golarful Ciriotta Wilcox 2616 S. Taylor Cleveland Heights. 44118	North Star (not yet selected)	Seaford (not yet selected)
Hosea Billou Tom Alexander 375 S. Union St. Burlington, Vt. 05401	New Hampshire (not yet selected)	TOAKtm (not yet selected)
Jersey Area Lynn Rubinstein 77 Orange Ave. Apt. 91 Montclair, NJ. 07042	Niagara Frontier Jay Leighton 4271 Dickersonville Rd. Ransomville, NY. 14131	
	Ohio Valley (not yet selected)	
	Pacific Southwest (not yet selected)	
	Phoenix (not yet selected)	

Feds and regions not listed here have not affiliated by press time. Corrections and additions will be listed in the next People Soup.

reflections on a local

Along with flowers growing, birds singing, warm rain falling and the sun shining brightly, Spring is also the season of LRY local reflections. If you find yourself in the position of local leadership as a result, don't fret about it too much. The job is fun, interesting and alot of hard work (Hmmm...)

Here is some advice that might help you out.

First try to keep a good balance of fun meetings and business meetings. As a local president, people will pester you to do all sorts of work that seems to be important. Also you will have many programs and problems that need to be discussed. However, most local members begin to get bored with business and will show their displeasure. Don't get upset- how can someone have the same interest and enthusiasm as you for a program that they didn't originally plan? Remember, other people like to have fun too. Especially LRY'ers!

Second, when people aren't co-operative or problems come up try to stay relaxed and don't yell. Wait until you cool off and then discuss it rationally. If you yell and get angry, many people will take it as a put-down and turn you off, even if it's not meant that way. A sad fact, but true.

Often times you will find yourself manipulating the group. Many local presidents are one of the most vocal members of their groups and the fact that they find themselves running it gives them immense influence. Make sure what you want is also what the local wants. Delegate some responsibility! Tell other people to do some work! Trying to do it all yourself is not fair, impossible and a bummer besides. The more you do, the more people will depend on you to do it. Doing a successful program is a joy that should be shared.

Finally, if your local seems more like a social club than an extended family don't try to force the change in attitudes. It will not work! Just show the closeness and love in your actions and the feeling will spread.

Well, enough advice. Just take it for what it's worth (not much; really). I just wish someone had told me this 1 1/2 years ago. (Wilmington, Del. local would be much better off, believe me!) Anyway, just take things cool and be happy.

THE "DEMO" DEMONSTRATION

Page Twelve

"Demo" is a word used by car dealers for an automobile that is used as a show of the "new ideas" incorporated in the particular model. It's short for "demonstrator" or "demonstration" model.

I attended a rally in Washington DC on April 27 which was a demonstration of "new ideas" by America, after quite a long siege of apathy and lack of social activism. 6,000 people were in attendance to demonstrate their "new ideas" against a reputedly poor used-car dealer and his cronies.

Like the automobile, the rally was a commercial venture - an advertisement, as it were - to America. It was organized in a Fifth Avenue [does he mean Madison Avenue - where most of the major advertisement firms have offices? - ed.] manner with speakers that did not offend the majority of the public by denouncing the system, but rather they used a well accepted theory that the American people do not adequately look into a candidate's credentials before voting.

[When] Jane Laura Doyle and I arrived at the rally... we saw, off in the horizon, an LRY Banner. we ran to them and continued to jubilantly rally together.

We were approached by a lot of 20-30 year olds who said they had been in LRY some ridiculously long time ago, and asked if so-and-so were still around.

...We were entertained by the speakers, some music, some people who streaked for NORML [National Organization to Repeal Marijuana Laws], and some streakers wearing Nixon masks.

Continued Next Column

As we were leaving, the entire mob rushed past us and ran to the Justice Department Building. This was a very symbolic advertisement, especially when the people in the front began to pound on the massive iron doors screaming for justice. It was quite a picture. It vicariously dramatized the monolithic justice of America with the petty citizens at the bottom trying to be heard.

In less time than it takes to tell, the police intervened with full force, first shoving people onto the sidewalk, then clubbing. Still, they weren't satisfied to let us stay on the same side of the street as the Justice building, so they ran after us with their motorcycles, forcing everyone across the street for fear of life, limb or total annihilation. I managed to escape at that point, to watch the police herd everyone onto the mall to quell the riot that they themselves had started. On the mall, the police ran over, shoved, trampled, billyclubbed and teargassed into submission those who couldn't run fast enough (Jane and I had to help a demonstrator who had collapsed on the sidewalk from beating and gassing). The police had done their advertising of law and order.

The rally was a commercial success to tell America that some people still care, and it also did something for the souls like me who are now a part of the new activism in America.

Ken Dermota- DVF Federation- York, PA

REPORT REVEALS TAPES CONTAIN ETHNIC SLURS;
NIXON CALLED SIRICA "WOP", OTHERS "JEW BOYS"

LIBERATION News Service

WASHINGTON (LNS)--New insight appeared recently into all those "expletive deleted" and "characterization deleted" notes which appear all over the released transcripts of taped conversations involving President Nixon and some of his top aides. In a story appearing in the Sunday, May 12 New York Times, sources described as having "direct knowledge of the President's comments" reported that in certain conversations Nixon referred to Watergate Judge John J. Sirica as a "Wop" and referred to certain Jews within the government as "Jew Boys." According to the report, Nixon also referred to then-acting director of the FBI, L. Patrick Gray, of Irish descent, as the "thick-necked mick."

The White House initially refused to comment, but soon before the first issue of the Times was to be published, White House press secretary Ronald Zeigler released a statement from counsel to the President, J. Fred Buzhardt. Buzhardt denied the charges of ethnic or religious slurs on the part of Nixon and contended that such a report was "vicious and grossly unfair." The Times quoted a former administration official as saying, however, that Nixon had complained on more than one occasion about "all those liberal Jews." The former official maintained, though that such a statement "wasn't anti-Semitism, just a characterization."

People who have listened to the tapes in question have also told the Times of discussions in which Nixon complained of Jews within the government and the news media conspiring to work against him. "Jewish liberals can't keep a secret. They're always talking to each other," Nixon is reported to have said. The President also said that "Jewish guys in the government were leaking to Jewish guys in the media."

HOW MUCH DOES NIXON PAY FOR HEALTH CARE???

WASHINGTON (LNS)--The Washington Star News carries a question and answer feature that recently contained this item:

Q. In a recent speech, President Nixon commented (and I copied the words carefully): "When I go to a hospital or when I call a doctor, I want that doctor to be working for the patient and not for the federal government, and that is what this is all about." He was talking about his health insurance proposal. Does the President, indeed, use a personal physician?--J.O., Miami, Fla.

A. No. The president's doctor is Walter Tkach, a major general in the Air Force. Like the President, Dr. Tkach is a salaried government worker and Mr. Nixon is always treated at the federal government's Bethesda National Naval Medical Center in Maryland.

[Thanks to the Washington Monthly for this short.]

SPOTLIGHT



NO
NIXON

STUDENT LIFE/LNS

"A new class of royalty has been created in the United States and its princes of privileges and pay-offs include the racketeers who get concessions on their income tax cases, the insiders who get favorite treatment on government contracts, the influence peddlers with keys to the White House, the government employee who uses his position to feather his nest.

"The great tragedy, however, is not that corruption exists but that it is defended and condoned by the President and other high administration officials. This administration has proved that it is utterly incapable of cleaning up the corruption which has completely eroded its reestablishing the confidence and faith of the people in the morality and honesty of their government employees.

"The investigations which have been conducted to date have only scratched the surface. For every case which is exposed, there are ten which are successfully covered up."

--Richard M. Nixon
13 November 1951